

Nisqually Health Department — Now Offering:

Stress Management Sessions

with Bradley Castillo



Dates Available: Monday's and Wednesday's : 9am — 4pm

Tuesday's 8am — 4pm

Bradley Castillo, HWC has written and implemented the Indigenous Stress Management Program here at Nisqually since July 2020. The Purpose of the program is to realign Indigenous people with traditional teachings and provide modern day tools to apply these teachings in their daily lives. Bradley helps Indigenous people gain, retain, and exercise skills to cope with and overcome stress responses to trauma.

Psychic Readings

with Lisa Holm

Dates Available: Wednesday's and Thursday's

1pm — 5pm

Lisa has had a Spiritual Intuitive, Mediumship, Animal Communication and Healing practice for 20 years. She is an ordained minister through the International Assembly of Spiritual Healers and Earth Stewards. During Sessions she asks for clarity, insight, and invite healing into areas where you may be stuck, need resolution or release in order to be empowered to move into your true joy and purpose.

***** Please Advise: You MUST be in a QUIET, STATIONARY, RELAXING Setting for Lisa to perform her Service. *****

If you'd like to schedule an appointment please call: 360-493-6450